

best core regimen



SPF:
Dermalogica Solar
Defense Booster SPF30
\$43 | ulta.com

Moisturizer:
Origins Save the Males
multi-benefit moisturizer
\$32.50 | origins.com

Cleanser:
Zia Men Skin Clearing
Face Wash
\$10 | zianatural.com

Exfoliant:
Freeze/24-7
icecrystals
\$65 | skinstore.com



"In terms of taking sandpaper to your face, this is a most enjoyable experience. The particles are fine and gently exfoliate. I had several comments on my skin after using this product. Instant face-lift anyone?"

CHARLIE DAVID
Actor, *Dante's Cove*



"Loved it! Matte finish without skin hue alterations—no chalky white look! I'd buy it, I'd recommend it to clients and I'd offer to apply it to hot guys next time I visit Fire Island."

ENRIQUE RAMIREZ
Founder/Lead Esthetician,
face to face nyc

best shave regimen



Shave Cream:
Bliss Thermal
Shaving Cream
\$18 | blissworld.com

After Shave:
L'Occitane Cade
After Shave Balm
\$28 | usa.loccitane.com



**Kenton Athletics
Body & Hair Wash**
\$7.49 each | kentonathletics.com

best gym bag essential